

Cut and Keep



**W3**  
 Whole Woman Workshops  
**Thursday Mornings**  
**9.30am to 11.00am**

**Contact:** Nikki Lyttle  
**Telephone:** 07980 342981  
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at  
**Hamilton Road Baptist Church**

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The purpose of our group on Thursday mornings is to create a place where women of all faiths (and none) can meet and discuss issues of their lives in a friendly and inclusive manner.

The title 'Whole Woman Workshops' implies 3 things (W3):

1. Thursday mornings at HRBC are for women;
2. Women are whole beings, and so we look at topics that cover many aspects of women's lives;
3. The word 'workshops' implies the informal way in which our learning & meeting together occurs.

We try to provide topics that are not only relevant and of interest to women of all ages and stages but that also explore aspects of the Christian faith.

We provide a crèche for children under the age of 5.



Like the petals of the daisy on our logo there is no one thing that sums up what W3 is all about.

However, here is a list of some things that occur on Thursday mornings from 9.30-11.00am:

**CHAT**    *CRÈCHE*    CARE  
 CONNECTIONS    COFFEE  
 COURSES    CRAFTS  
 CONVERSATIONS    CAKE  
 COMPANY    CHRISTIANITY  
 COOKIES    CRAIC...

**COME** along?



The Hub is open 11-1 week days for coffee, children are very welcome under your own supervision.



If you have any personal matters you would like prayer for, please speak to any of the team who would love to help.

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**Whole Woman Workshops  
 September to December 2015  
 Thursdays 9.30-11.00am**

*'Stages of Life'*

**September**

- 17 Welcome Back!
- 24 Mystery Morning

**October**

- 1 Talking to Your Children *FASA*
- 8 Looking After Yourself in the Busy Years
- 15 Midlife Care *Sharon Heron*
- 22 Dementia Care *Sharon Heron*
- 29 Half-term - *No W3*

**November**

- 5 Half-term - *No W3*
- 12 A Woman's Lot—Part 1 *Joy Dodds*
- 19 A Woman's Lot—Part 2 *Linda McClaughlin*
- 26 All Aboard! *Sam Cowan*

**December**

- 3 Christmas Cheer

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